



An Exercise: Embracing Different Preferences



Exercise Steps

1. Think of a conflict or an issue at work that you suspect might involve a difference of preference.
2. Name the opposite preferences in positive terms. Write the two opposite preferences at the top of each column in the grid below.
3. Name the upsides and downsides of the two preferences, and capture them in the four quadrants in the grid below.

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Based on work developed by godfreydadich.com and polaritymanagement.com

craftedleadership.com

